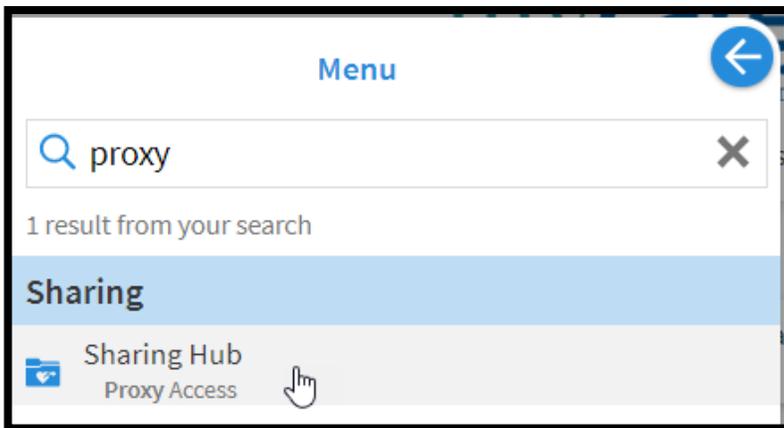**Onvida Health's Patient Portal**
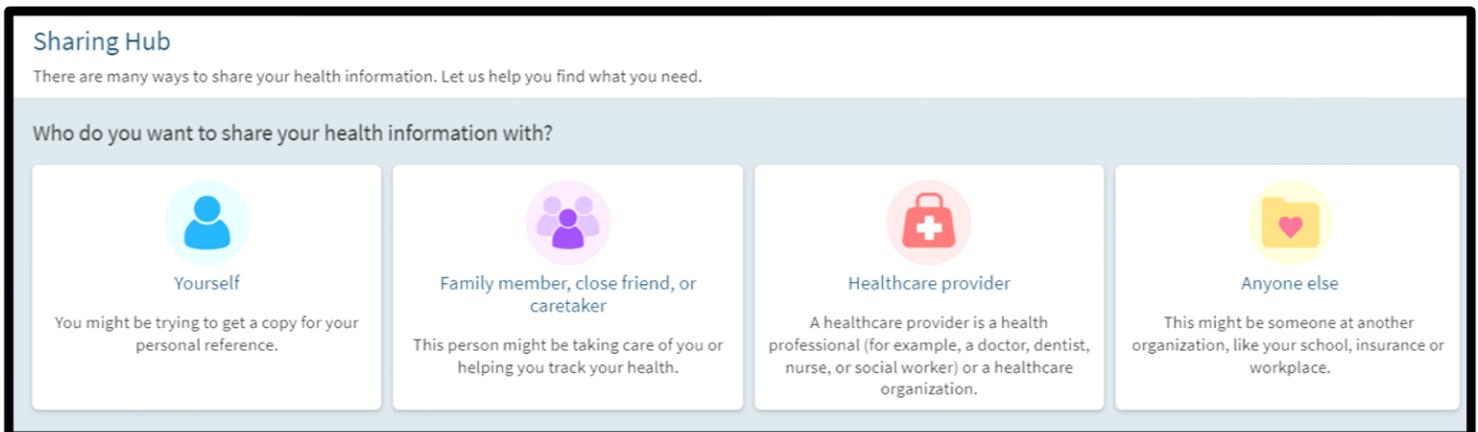**Audience: Patient**

MyCare Teen Proxy Access

State and federal laws allow teens between the ages of 12 – 17 to consent to certain kinds of medical care, resulting in control of their own medical records. As a result, teens may establish a MyCare account and grant full or limited proxy access to an adult, family member, caretaker or guardian.

Try it out…

1. Once you log in to your MyCare account, navigate to the **Menu** and search for **Proxy Access**. From there, select **Sharing Hub Proxy Access**.

2. On **Sharing Hub** screen you'll be given the option to choose who you would like to share your health information with.

3. If you want to share your health information with a family member, close friend, or caretaker, simply select the option of, **Manage ongoing access to your MyCare account**.

4. In the **Friends and Family Access** screen, select **Invite someone** to send an electronic invite.

5. **A.** Please enter the name and email address of the person (proxy) you wish to invite.
   B. Please choose the type of access you would like to grant to your proxy. Once you have made your selection, hit **Send invite**.

Invite someone to have access to your record

1 We will email an invitation to someone you trust.

2 From the email, they can log in to their MyCare to accept the invitation.

3 They must verify they know you by entering your date of birth.

*Indicates a required field.

Who are you inviting?
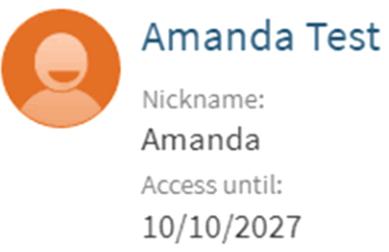
*Invitee name

Where should we send this invitation?

*Invitee email   *Confirm invitee email

*What kind of access would you like this person to have to your chart?

Parent Accessing Teen Limited Access   Parent Accessing Teen Full Access

Send invite

Revoke Proxy Access

1. Select **Sharing Hub** from the main Menu.
2. Select **Manage friends and family and access**.
3. To remove someone's access, simply choose the **Revoke** option.
4. To modify proxy access, click on the **Edit** option.

Amanda Test

Nickname:
Amanda

Access until:
10/10/2027

Edit   Revoke