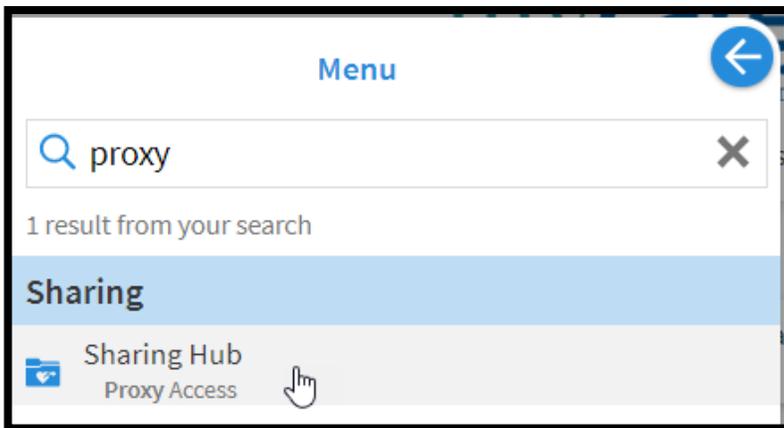


## MyCare Teen Proxy Access

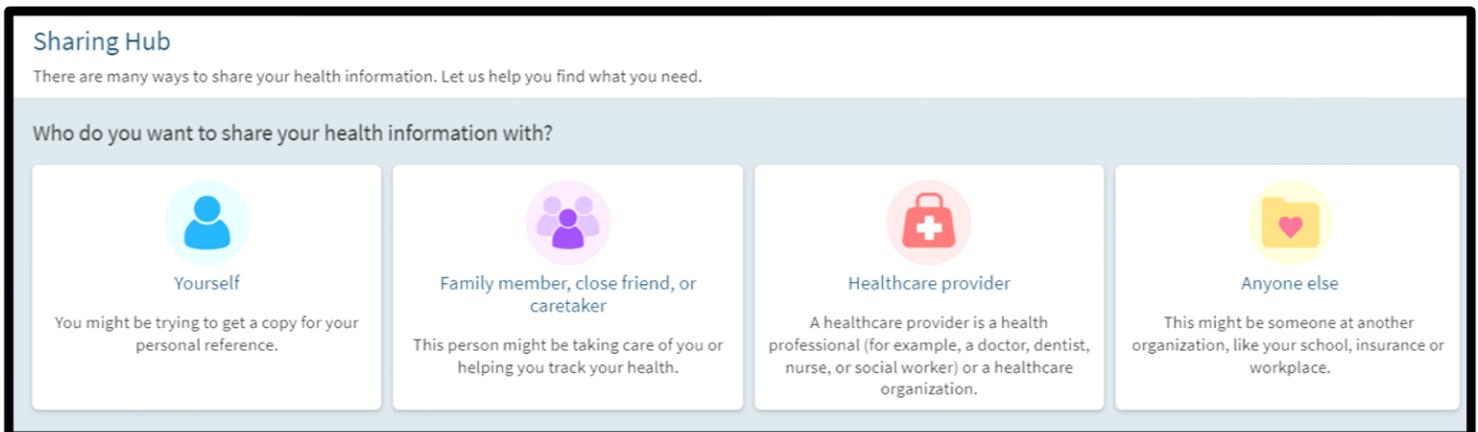
State and federal laws allow teens between the ages of 12 – 17 to consent to certain kinds of medical care, resulting in control of their own medical records. As a result, teens may establish a MyCare account and grant full or limited proxy access to an adult, family member, caretaker or guardian.

### Try it out...

1. Once you log in to your MyCare account, navigate to the **Menu** and search for **Proxy Access**. From there, select **Sharing Hub Proxy Access**.



2. On **Sharing Hub** screen you'll be given the option to choose who you would like to share your health information with.



3. If you want to share your health information with a family member, close friend, or caretaker, simply select the option of, **Manage ongoing access to your MyCare account**.

### Sharing Hub

There are many ways to share your health information. Let us help you find what you need.

How do you want to share your health information with a family member, close friend, or caretaker?



**Manage ongoing access to your MyCare account**

This person might be taking care of you or helping you track your health.



**Download or send a snapshot**

This will contain your health summary and/or specific visit details. This is available immediately.



**Request a formal copy**

You can request specific pieces of information, including lab images, or request everything. This request might take a few days for your healthcare organization to process.

[Back](#)

4. In the **Friends and Family Access** screen, select **Invite someone** to send an electronic invite.

## Friends and Family Access

### Who Can See My Record?

No one can see your information

[+ Invite someone](#)

- A. Please enter the name and email address of the person (proxy) you wish to invite.
  - B. Please choose the type of access you would like to grant to your proxy. Once you have made your selection, hit **Send invite**.

### Invite someone to have access to your record

-  We will email an invitation to someone you trust.
-  From the email, they can log in to their MyCare to accept the invitation.
-  They must verify they know you by entering your date of birth.

\* Indicates a required field.

Who are you inviting?

\* Invitee name

Where should we send this invitation?

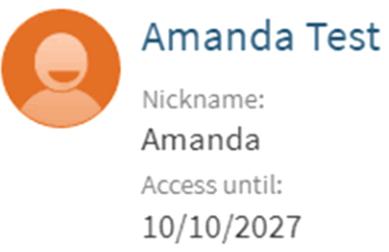
\* Invitee email  \* Confirm invitee email

\* What kind of access would you like this person to have to your chart?

Parent Accessing Teen Limited Access  Parent Accessing Teen Full Access

## Revoke Proxy Access

1. Select **Sharing Hub** from the main Menu.
2. Select **Manage friends and family and access**.
3. To remove someone's access, simply choose the **Revoke** option.
4. To modify proxy access, click on the **Edit** option.



**Amanda Test**  
Nickname:  
Amanda  
Access until:  
10/10/2027